Iowa Methodist Medical Center is one of two Level I Trauma Centers in the state of Iowa, the only in Central Iowa. In order to be a Level I Trauma Center, the hospital must meet specific national criteria and standards of care, including the capabilities to staff the Emergency Room 24 hours a day, 7 days a week, along with Trauma Surgeons available within 15 minutes of patient arrival. 340B savings helps ensure Iowa Methodist Medical Center’s Level I Trauma Center designation is maintained with training, equipment, and supplies necessary to save lives in an emergency.

To be a Level I Trauma Center, it takes a team approach to patient care. The trauma team includes members from many departments such as:

- Adult and Pediatric Emergency Departments
- Blood Bank
- Critical Care and Pediatric Intensive Care Units
- Emergency Communications Center
- General Nursing Floors
- Laboratory
- Life Flight
- Pharmacy
- Pastoral Care (Chaplains)
- Psychiatry
- Radiology
- Public Safety
- Social Services and Case Management

This team approach to the care of critically injured or surgical critical care patients has been proven to lessen health care expenses and is critical to provider minute-to-minute care decision-making and decreases the risks of complications.